

# MAC Order of Events

Tuesday, May 7th

4:30 pm Girls Pole Vault  
Boys High Jump  
Girls High Jump  
Boys Long Jump  
Girls Long Jump  
Boys Discus Throw – followed by Girls Discus Throw  
Girls Shot Put – followed by Boys Shot Put

**Events will not start until the time between races has elapsed**

5:30 pm Girls 4 x 800 Relay Final  
Boys 4 x 800 Relay Final  
6:00 Girls 100m Hurdles Preliminaries  
6:10 Boys 110m Hurdles Preliminaries  
6:20 Girls 100m Dash Preliminaries  
6:30 Boys 100m Dash Preliminaries  
6:45 Girls 4 x 200m Relay Semifinals  
6:55 Boys 4 x 200m Relay Semifinals

**Note: 1<sup>st</sup> heat of Girls 4x100 will start no earlier than 15 minutes after the beginning of the Girls 4x200.  
Boys will follow the same guidelines.**

7:00 Girls 4 x 100m Relay Semifinals  
7:10 Boys 4 x 100m Relay semifinals  
7:20 Girls 400m Dash Semifinals  
7:30 Boys 400m Dash Semifinals  
7:40 Girls 300m Hurdles Semifinals  
7:50 Boys 300m Hurdles Semifinals  
8:00 Girls 200m Dash Preliminaries  
8:10 Boys 200m Dash Preliminaries

**Note: 1<sup>st</sup> heat of the Girls 4x400 will start no earlier than 20 minutes after the start of the Girls 200 preliminaries. The Boys will follow the same procedure**

8:20 Girls 4 x 400m Relay Semifinals  
8:30 Boys 4 x 400m Relay Semifinals

# MAC Order of Events

Friday, May 10<sup>th</sup>

4:30pm Boys Pole Vault  
6:00pm Finals Begin

**Time listed by event indicates the time between the start of the previous event and start of that event.**

**Ex. Boys 110 hurdles cannot start until five minutes after start of Girls 100 hurdles**

6:00	Girls 100m Hurdles Final
6:05	Boys 110m Hurdles Final (:05)
6:10	Girls 100m Dash Final (:05) Boys 100m Dash Final
6:25	Girls 4 x 200m Relay Final (:15) Boys 4 x 200m Relay Final
6:40	Girls 1600m Run Final (:15) Boys 1600m Run Final
6:55	Girls 4 x 100m Relay Final (:15) Boys 4 x 100m Relay Final
7:10	Girls 400m Dash Final (:15) Boys 400m Dash Final
7:20	Girls 300m Hurdles Final (:10) Boys 300m Hurdles Final
7:30	Girls 800m Run Final (:10) Boys 800m Run Final
7:40	Girls 200m Dash Final (:10) Boys 200m Dash Final
7:45	Girls 3200m Run Final (:05) Boys 3200m Run Final
8:15	Girls 4 x 400m Relay Final (:30) Boys 4 x 400m Relay Final